

HEALTH PROFESSIONS (COHP)

COHP 2110. Nutrition. (3 Credits)

This course includes normal nutrition and wellness across the lifespan. Selected classroom activities related to nutrition, health, and wellness are explored. Offered: Fall, Spring, Summer .

COHP 2120. Growth and Development for Health Professions. (3 Credits)

The purpose of this course is to introduce the highly complex individual and family during the lifespan - from birth to death. The focus is on the physical, emotional, cognitive, social, and spiritual dimensions of the developing person. These dimensions will be explored in the context of the family and community setting. Integration of health promotion, risk reduction, and anticipatory guidance during the lifespan will be emphasized. Offered: Fall, Spring, Summer .