HUMAN SERVICES TECHNOLOGY (HUST)

HUST 1100. Introduction to Human Services. (3 Credits)
This course is designed to provide the student with an awareness of the conditions in modern society that impact the health of individuals, families, & communities. It provides an introduction to the field of human services. Topics include the history and philosophical foundations of human services and the identification of populations served by human service workers. The principles of human services, essential skills, & roles required to develop an appreciation of what it means to be a human services worker are emphasized. Students will also explore current trends and changes in the human services and health care delivery system; the emerging data base on the mind-body relationship in health and illness. Attention is specifically given to managed care and its impact on health care delivery, the biopsychosocial model of assessment and diagnosis, and the interpretation of journal articles from professional health-related publications. Prerequisite: Completion or exemption of all learning support requirements. Offered: Fall and on demand.

HUST 1110. Families and Other Systems. (3 Credits)
This didactic and experiential course provides an introduction to family systems theory and its implication in family assessment, family therapy, and agency/ institution analysis. Topics include an historical perspective on the evolution of family therapy, basic system theory concepts as applied to families and other systems, the family life cycle, and an overview of the major models of family therapy. The student will learn basic family assessment methods and interventions to enable the development of initial treatment plans and facilitate the referral of families to the appropriate community resources. Prerequisites: PSYC 1101 or permission of the instructor. Offered: Spring.

HUST 2000. Group Theory & Processes. (3 Credits)
This course is designed as an introduction to the theory and process of group interaction. It will combine didactic and experiential activities that will enable the student to become familiar with different types of groups, to recognize the dynamics of group functioning, to understand the rationale for group work, to recognize the skills required to become an effective group facilitator, and to have direct experience in planning, participating in, and leading a group session. Prerequisites: Permission of the instructor. Offered: Spring, Summer.

HUST 2050. Counseling Theories & Methods. (3 Credits)
This course provides an introduction to the major theories of counseling. For each identified theory, basic concepts, definitions of health and normalcy, and strategies and interventions will be examined. The student will apply these theories to real case examples and will develop his/her own theory of counseling. Prerequisites: Permission of the instructor. Offered: Fall.

HUST 3650. Applied Community Health. (3 Credits)
This course will focus on a variety of healthcare settings. The student is introduced to the field of community health and to the provision of services to people with a wide range of health problems, including a specific emphasis on patient/client populations with disabilities. Topics covered include basic concepts of health/mental health; major types of disabilities; practical usage of the DSM-V; co-occurring disorders and treatment issues; personality disorders and addicted patients/clients; and commonly used interventions to prevent, promote, and/or restore the health/mental health of individuals, families, and groups. Pre-requisites: ENGL 1101, ENGL 1102, PSYC 1101, or permission of instructor. Co-requisite: None. Offered: Fall, Summer.

HUST 3700. Understanding and Treating Addictions. (3 Credits)
This course is designed to provide basic knowledge in the field of addictions. Emphasis is in three major areas: the biopsychosocial factors of alcoholism, drug addiction, and other types of addiction; the pharmacology of psychoactive substances, and the eight components of the skill groups in addiction counseling. Course material will be directly linked for those students working in addiction/substance abuse treatment settings or wishing to. Pre-requisites: ENGL 1101, ENGL 1102, PSYC 1101, or permission of instructor. Co-requisite: None. Offered: All semesters.

HUST 3750. Current Trends in Addiction & Mental Health. (3 Credits)
This course addresses contemporary issues in addictions and mental health. Emphasis is in four major areas: ethnic and cultural issues that influence diagnosis, treatment and utilization of services, special populations such as consumers/clients with HIV/AIDS; co-occurring disorders; and matching treatment services to individual client needs (i.e., brief therapy, partial hospitalization, outpatient treatment, etc.). In addition, attention will be given to the following current issues in the fields: treatment issues for adolescent and geriatric consumers/clients; spiritual concerns and disciplines; gay/lesbian issues; psychopharmacology; relapse dynamics and prevention; and managed care and treatment costs. Pre-requisites: HUST 3700 or permission of instructor. Offered: Fall, Spring.